



Sample LUNCH MENU

SEPT.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Chinese Pepper Steak White Rice Peas Fresh Watermelon Milk Kcal 825 %Kcal from Fat 31%</p>	<p>Fiesta Bean Burrito Sweet Baby Carrots w/ Ranch Pineapple Chunks Vanilla Wafers Milk Kcal 940 %Kcal from Fat 26%</p>	<p>Pepperoni Pizza Carrot & Celery Sticks w/ Ranch Dressing Peas Breadstick Apple Milk Kcal 912 % Kcal from Fat 25%</p>	<p>Soft Shell Taco w/ Ground Beef, Lettuce & Tomatoes, Mexican Rice Mandarin Oranges Brownie Milk Kcal 870 %Kcal from Fat 23%</p>	<p>Sloppy Joe on a Bun Green Beans Peach Slices Chocolate Chip Cookie Milk Kcal 895 % Kcal from Fat 27%</p>	
	<p>Hot Dog On a Bun Baked Beans Pineapple Tidbits Milk Kcal 841 % Kcal from Fat 31%</p>	<p>Spaghetti w/ Meat Sauce Green Beans Tropical Fruit Salad Milk Kcal 661 % Kcal from Fat 29%</p>	<p>Breaded Turkey Steak Mashed Potatoes & Gravy Stuffing Sweet Peas Wheat Dinner Roll Applesauce & Milk Kcal 973 % Kcal from Fat 30%</p>	<p>Meatloaf Bread Stick California Blend Vegetables Dole Mixed Fruit Cup Milk Kcal 933 % Kcal from Fat 27%</p>	<p>Cheeseburger on a Bun Corn On the Cob Orange Milk Oatmeal Cookie Kcal 739 Kcal from Fat 33%</p>	
	<p>Nachos w/ Beef & Cheese Whole Corn Pineapple Juice Milk Kcal 825 % Kcal from Fat 19%</p>	<p>Ravioli Italian Blend Vegetables Breadsticks Fresh Apple Milk Kcal 804 % Kcal from Fat 19%</p>	<p>Chicken Nuggets Green Beans Baked Fries Fresh Pear Milk Kcal 871 % Kcal from Fat 28%</p>	<p>Oven Fried Chicken Cole Slaw w/ Biscuit Collard Greens Chocolate Pudding Milk Kcal 932 % Kcal from Fat 26%</p>	<p>Chicken Salad w/ Ranch Mixed Vegetables Biscuit Vanilla Pudding Milk Kcal 890 % Kcal from Fat 23 %</p>	
	<p>Chicken Fajita w/ Lettuce & Tomato Tortilla Chips & Salsa Fresh Mandarin Orange Brownie Milk Kcal 746 % Kcal from Fat 32 %</p>	<p>Chili Oyster Crackers Celery Sticks w/ Ranch Cornbread Peach Slices Milk Kcal 845 Kcal from Fat 31%</p>	<p>Grilled Chix Patty On a Bun w/ BBQ Sauce Corn on the Cob Fresh Grapes Rice Krispie Treat Milk Kcal 923 % Kcal from Fat 31%</p>	<p>Corn Dogs Sweet Potato Fries Sliced Peas Peanut Butter Cookie Milk Kcal 819 Kcal from Fat 31 %</p>	<p>Lasagna Roll Up W/ Meat Sauce Green Beans Buttermilk Biscuit Fresh Apple Milk Kcal 813 % Kcal from Fat 23%</p>	



Peanut Butter & Jelly Sandwiches and Cheese & Bread are available everyday

No Child will be discriminated against because of race, color, disability, national origin, sex, or age.

2008